

Resources for Victims and Survivors of Domestic Violence

Allegheny County

- **Center for Victims - Pittsburgh**
 - Center for victims is the most comprehensive and inclusive provider of services, advocacy and education for victims of all crimes, including counseling, emergency and transitional housing, advocacy, and legal support.
 - 5916 Penn Ave. Pittsburgh, PA 15206
 - Main line: 412.482.3240
 - Hotline: 412.392.8582
 - <https://www.centerforvictims.org/>

- **Crisis Center North**
 - The mission of Crisis Center North is to empower victims of domestic violence and cultivate attitudes and community behaviors that break the cycle of violence.
 - Crisis Center North is a 501(c)(3) non-profit counseling and resource center that provides services to victims of domestic violence and their loved ones in northern and western Allegheny County via counseling, therapy, case management, legal and medical advocacy, and economic empowerment services. In addition, the Center provides community trainings on topics related to intimate partner violence and teen dating violence, as well as prevention education programming to local schools.
 - 24-hr Hotline: 412.364.5556
 - <https://www.crisiscenternorth.org/>

- **Women's Center and Shelter of Greater Pittsburgh**
 - Emergency shelter for victims of intimate partner violence and their children, 24-hour hotline, information and referral, support groups, legal options counseling, and help through legal processes, medical advocacy. The immediate goal of the shelter is to provide safety for victims and their children in a high-security environment. Once women are provided food, clothing and shelter, they are connected to resources to achieve their personal goals, away from abuse. Shelter residents have in-house resources in the form of a children's program, support groups, and medical, legal, career, CYF and housing advocacy, and more.
 - Main line: 412.687.8005. ext. 1
 - Toll free: 1-877-338-8255
 - Email: info@wcpittsburgh.org
 - <https://wcpittsburgh.org>

- **Pittsburgh Action Against Rape (PAAR)**
 - Crisis intervention and counseling to adult and child victims of sexual assault through a hotline and 24-hour advocacy system including emergency medical (hospital) and legal accompaniment. Counseling for individuals, families, and groups – including art therapy and play therapy for children.
 - 81 S. 19th Street Pittsburgh, PA 15203-1759
 - Main phone: 412.431.5665
 - Hotline: 1-866-363-7273
 - Email: friends@paar.net
 - <https://paar.net>

Westmoreland County

- **Blackburn Center:**
 - Services include: Help finding emergency shelter, counseling and therapy, support groups, emergency room visit support, legal system support.
 - Offer support to those experiencing abuse in various forms: Domestic violence, sexual assault, child abuse, those who are being abused because they identify as LGBTQIA+, bullying, sexual harassment, stalking, and trafficking.
 - 24 Hr. Hotline: 1-888-832-2272
 - Main Office: 724-836-1122 (business hrs only)
 - <https://www.blackburncenter.org>
- **Southwestern Pennsylvania Human Services**
 - Serves: Armstrong, Butler, Fayette, Greene, Washington, & Westmoreland counties
 - Sexual Trauma Treatment and Recovery Services (STTARS) – SPHS CARE Center
 - Since 1982, the SPHS CARE Center STTARS Program has been providing a variety of services throughout Washington and Greene Counties in support of survivors of sexual violence and their significant others. It is our mission to work toward communities that honor the rights and dignity of sexual violence survivors, encourage diversity, work together in seeking justice for those affected by violent crime, and promote education with the goal of ending sexual violence.
 - The STTARS Program strives to provide holistic and inclusive services that focus on the needs of the survivor first.
 - Hotline: 1-888-480-7283
 - Main Office: 724-229-5007
 - Email: sttars@sphs.org
 - <https://sttars.sphs.org>

- **Westmoreland County Human Services:**
 - County Crisis Hotline: 1-800-836-6010
 - National Domestic Violence Hotline: 1-800-799-7233
 - <https://www.co.westmoreland.pa.us>
 - **Welcome Home Shelter - Emergency Shelter for single women and families**
 - 218 South Maple Ave., Greensburg, PA 15601
 - 724-838-9133
 - **The Union Mission Emergency Shelter for men ages 18+**
 - 2217 Harrison Ave, Latrobe, PA 15650
 - 724-539-3550

- **Connect Inc:**
 - Serves Washington, Greene, & Westmoreland Counties
 - Westmoreland County Office
 - 218 South Maple Ave, Greensburg, PA 15601
 - Monday - Friday, 8am-5pm
 - 724-838-9133
 - Connect Administration Office
 - 302 Chamber Plaza, Charleroi, PA 15022
 - Monday - Friday, 8am-5pm
 - 724-489-8095
 - <https://connect.sphs.org/about-sphs-connect/locations-and-hours>
 - <https://www.sphs.org/connect.html>

General Resources

- **Domestic Abuse Hotline**
 - o <https://www.thehotline.org>
 - o Can help to figure out a plan for pet safety in domestic violence situations: <https://www.thehotline.org/plan-for-safety/pet-safety-during-domestic-violence/>
 - o Numerous resources for the entire process of leaving domestic violence situations and can connect you to local services.
 - o Has Deaf & Native American Services
 - o 24/7 Hotline: 1-800-799-SAFE (7233) OR Text "START" to 8878
- **Shelters that allow pets:**
 - o Crisis Center North (Pittsburgh)
 - <https://www.crisiscenternorth.org>
 - 412-364-5556
 - o Women's Center and Shelter (Pittsburgh)
 - <https://wcspittsburgh.org/healing-support/services-for-survivors/emergency-shelter/>
 - 412-687-8005
 - o Alle-Kiski Area HOPE Center (Tarentum)
 - <https://akhopecenter.org>
 - 724-224-1100
 - o Washington Women's Shelter (Washington):
 - <https://www.peacefromdv.org>
 - 800-791-4000
- To find safe havens for pets of individuals who are experiencing domestic violence, visit: <https://www.safehavensforpets.org>
 - o You can search by zip code or state to find the closest available shelters and animal rescues that are ready and equipped to help house animals in emergency situations.
- **FindHelp.org**
 - o When you put in the zip code, it can help you find a variety of local services, including resources for victims of domestic violence.

Additional Resources

- **Adult Survivors of Child Abuse (ASCA)**
 - This is an international self-help support-group program designed specifically for adult survivors of neglect and of physical, sexual, and/or emotional abuse. It offers community-based self-help support groups, provider-based self-help support groups, and web-based self-help support groups.
 - ASCA Program, The Morris Center
 - PO Box 281535 San Francisco, CA 94128
 - www.ascasupport.org

- **Survivors of Incest Anonymous (SIA)**
 - This organization is dedicated to helping people eighteen years or older who want to recover from sexual abuse suffered as children.
 - 1-877-742-9761
 - www.siaawso.org

- **Eye Movement Desensitization and Reprocessing (EMDR) Institute**
 - EMDR treatment has been found useful in reducing the symptoms of PTSD. Several studies have shown that EMDR may be just as effective as other treatments for PTSD.
 - PO Box 750 Watsonville, CA 95077
 - 1-831-761-1040
 - www.emdr.com

- **Male Survivor: Overcoming Sexual Victimization of Boys and Men**
 - The Male Survivor community provides resources and support for men who have been sexually victimized as children, adolescents, or adults.
 - PO Box 276 Long Valley, NJ 07853
 - www.malesurvivor.org

- **Adult Children of Alcoholics (ACA) World Service Organization, Inc.**
 - This is a Twelve Step program designed for people who grew up with an alcoholic parent. They work through issues such as abuse, shame, and abandonment. They encourage professional counseling along with their program for the most success. There should be a local organization in your area.
 - www.adultchildren.org

*Information compiled by
Pastor Ryan Kobert
St. Paul's Lutheran Church
Sewickley, PA 15143*